

heinen's®



**\$7.49 lb.**

Heinen's Premium  
80% Lean  
Ground Beef  
NO ADDED HORMONES  
SOURCE VERIFIED  
PRODUCT OF USA

**2/\$4** ✦  
Heinen's  
Chunk or  
Shredded Cheese  
8 OZ.  
EXCLUDES ORGANIC



**5 FOR \$5**

Hanover Beans  
15-15.5 OZ.



**BUY ONE GET ONE FREE** ✦

Siete Tortilla Chips 5-7.5 OZ.,  
Cookies 4.5 OZ.,  
Sauces 8.5-15 OZ.,  
Taco Shells 5.5 OZ., or  
Seasonings 1.29-1.31 OZ.



Avocados  
ALWAYS GOOD

**10 FOR \$10**

Avocados

**2/\$10**

Heinen's Great Lakes  
Brewing Company  
Mexican Lager Chorizo  
12 OZ.  
RAISED WITHOUT ANTIBIOTICS  
NO ADDED HORMONES  
JUST ARRIVED FOR A LIMITED TIME



HEINEN'S Duroc PORK



**5 FOR \$5**

Dei Fratelli  
Tomatoes  
14.5-15 OZ.



**BUY ONE GET ONE FREE**

Red's  
Frozen Burritos  
4.5-5 OZ.



**SAVE \$1.50 ea.**

Daily Bites  
Quesadillas  
CHICKEN & CHEESE  
OR STEAK & CHEESE



**2/\$4** ✦

Ben's Original  
Ready Rice  
Sides 6-8.8 OZ.

Celebrate **CINCO DE MAYO**

Simple Meal Solution

Breakfast Savings ✦



**\$8.99**  
Peet's Coffee  
10-10.5 OZ. or  
K-Cups 10 CT.



**BUY ONE GET ONE FREE**

Bai WonderWater  
18 OZ. or Hop Wtr  
Sparkling Waters  
12 OZ.



**BUY ONE GET ONE FREE**

Häagen-Dazs  
Ice Cream  
14 OZ.  
EXCLUDES NOVELTIES

**\$14.99 lb.**  
Wild-Caught  
Fresh  
Lake Walleye  
Fillets ✦



**\$1.79 lb.**  
Brussels  
Sprouts

**3/\$10**

Post Great Grains 13.5-16 OZ.,  
Shredded Wheat 15-18 OZ. or  
Grape-Nuts 18-20.5 OZ.



**3 FOR \$5**

Celsius  
Energy Drinks  
12-16 OZ.



SCAN ME



Scan to view  
our digital ad  
for Tasteful Rewards  
sales & more!

## DELI



**\$12.99 lb.**

Two Brothers  
Grilled Marinated  
Turkey Breast

**\$9.99 lb.**

Two Brothers  
Uncured Double  
Smoked Ham  
WHOLE MUSCLE,  
MINIMALLY PROCESSED

**\$8.99 lb.**

Two Brothers  
Colby Caliente  
Cheese  
AWARD WINNING



BUY ONE GET ONE  
**FREE**

QuesoMama  
Queso  
12 OZ.

**SAVE \$1.50**

Wholly Guacamole  
7.5-8 OZ. or  
Cleveland Kitchen  
Pickled Vegetables  
16 OZ.



**\$3.49**

Garden Fresh  
Salsa  
16 OZ.



## SPECIALTY CHEESE

**SAVE \$1.00**

V&V Supremo Cotija 7 OZ.  
or Fresco  
8 OZ. (IN CHEESE DEPT.) or  
Shredded Chihuahua  
7.6 OZ. (IN DAIRY DEPT.)



**SAVE \$1.00**

Liuzzi  
Cheeses  
ALL VARIETIES & SIZES



## Easy Meal Idea

BUY ONE GET ONE  
**FREE**

Vista Hermosa  
Flour Tortillas  
5" - 7.2 OZ. or 10" - 17 OZ.  
or Corn Tortillas  
7" - 12 OZ.



**2/\$4**

Daisy  
Sour Cream  
Squeeze  
14 OZ.



**2/\$3**

Heinen's  
Steamable  
Vegetables  
12 OZ.



**\$5.99**

DiGiorno  
Rising Crust  
24.6-29.3 OZ.,  
Hand-Tossed  
16.9-18.9 OZ. or  
Thin Crust 15.3-19.1 OZ.  
Pizza  
SELECT VARIETIES



## DAIRY & FROZEN

**10/\$10**

Noosa  
Yoghurt  
4.5 OZ.



**\$8.99**

Perdue  
Simply Smart  
Chicken  
22-26 OZ.



**\$15.99**

Lou Malnati's  
Frozen Pizza  
20.5-27.75 OZ.



**20% OFF**

Amy's Organic  
Frozen Entrees  
7.5-10.3 OZ. EXCLUDES BURRITOS,  
Pizzas 12-14 OZ.,  
Snacks 6 OZ.  
or Bowls 8.25-9.5 OZ.



**2/\$5**

Hail Merry  
Mini Cups  
2 CT.



**\$2.99**

Heinen's  
Half & Half  
32 OZ.



**2/\$9**

Califia Farms  
Organic  
Plant-Based Milk,  
Cold Brew,  
Iced Coffee or  
Matcha Latte  
48 OZ.



**8/\$10**

Fage Greek 5.3 OZ.,  
BestSelf 5.3 OZ. or  
Creamy Dreamy  
4.4 OZ. Yogurt



## Ice Cream Treats

**2/\$9**

JonnyPops  
6-8 CT.



**2/\$10**

Pierre's  
Ice Cream  
48 OZ.



## BAKED GOODS



**\$6.99 lb.**

Heinen's  
Cornbread

JUST  
ARRIVED



**\$9.99 lb.**

Heinen's  
Tres Leches Cake



**\$12.99 lb.**

Heinen's  
Mexican  
Wedding Cookies



**\$7.99**

Heinen's  
Churro Apple Pie Half  
19 OZ.

LIMITED  
TIME  
OFFER

## daily bites

MEET YOUR  
GO TO DISHES



SAVE  
**\$1.00**  
ea.

**\$7.49**

Chef  
Salad  
EACH



**\$7.49 lb.**

Layered  
Taco Dip



SAVE  
**\$1.00**  
lb.

**\$13.99**

Chicken Taco  
Kit  
EACH



SAVE  
**\$2.00**  
ea.

## PREPARED FOODS



SAVE  
**\$2.00**  
lb.

**\$8.99 lb.**

Grilled Chicken  
Burrito

**\$8.99 lb.**

Buffalo  
Brussels Sprouts  
with Blue Cheese

SAVE  
**\$1.00**  
lb.



# FIESTA FAVORITES



**2/\$7**  
Mateo's or Newman's Salsa  
16 OZ.



**2/\$7**  
Tostitos 10-12 OZ. or Ruffles 8-8.5 OZ.



**3/\$4**  
Jarritos Soda  
12.5 OZ.



**2/\$4**  
Pearls Black Olives 5.75-6 OZ. or Sliced Olives 3.8 OZ.



**25% OFF**  
Old El Paso Taco Kits, Sauces or Seasonings  
ALL VARIETIES & SIZES



**2/\$7**  
Cholula Hot Sauce  
5 OZ.



**2/\$5**  
Mission Zero Net Carb 14 CT., Flour 10 CT. or Corn 24 CT. Tortillas



**30% OFF**  
Amy's Refried Beans 15.4 OZ., Hatch Canned Chilis or Sauce 4-15 OZ. or Vigo Rice 8-8.8 OZ.



**3/\$5**  
Knorr Rice or Pasta Side Dishes  
4.2-5.7 OZ.



**3/\$5**  
Liquid Death Water  
19.2 OZ.



**3/\$9**  
Krusteaz Baking Mixes 15-21 OZ. or Pancake or Waffle Mix 26-32 OZ.  
EXCLUDES GLUTEN FREE

*Rise & Shine*



**30% OFF**  
Kodiak Muffin 2.29-2.36 OZ. or Flapjack & Waffle 2.15-24 OZ.



**DEEP discount**

**\$2.99**  
General Mills Kids Cereals 10.4-12 OZ.  
ORIGINAL PRICE \$4.79



**2/\$8**  
Safe Catch 5 OZ. or Sea Tales 5 OZ. Tuna  
SELECT VARIETIES

**4/\$5**  
Del Monte Pop Top Canned Vegetables  
8-8.75 OZ.

*Cinco Savings*



**2/\$5**  
De Cecco Pasta 16-17.5 OZ.  
EXCLUDES SPECIALTY

**SAVE \$2.00**

Elmhurst Plant-Based Milks  
32 OZ.



**30% OFF**  
Heinen's Organic Maple Syrup  
8-12 OZ.



**SAVE \$1.50**  
Joolies or Sunsweet Dried Fruit  
ALL VARIETIES & SIZES



**2/\$6**  
Wish-Bone Salad Dressing  
15 OZ.



**3/\$5**  
Poppi Prebiotic Soda 12 OZ.

**2/\$5**  
La Colombe Draft Lattes 11 OZ., Great Lakes Nitro or Iced Coffees 9.6-12 OZ. or Beekeeper Cold Brew Lattes 8 OZ.



**SAVE \$1.50**  
Made Good Bars 5-6 CT. or GoMacro Kids Breakfast Bars 7 CT.



**30% OFF**  
Purely Elizabeth Cereal, Oatmeal or Granola  
ALL VARIETIES & SIZES



**2/\$6**  
Schwebel's Giant White Bread 22 OZ. or Hamburger or Hot Dog Buns 8 CT.



**2/\$6**  
Endangered Species Chocolate Bars  
3 OZ.



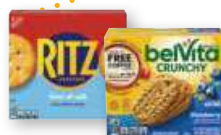
**25% OFF**  
Seventh Generation Homecare, Laundry or Paper Products  
ALL VARIETIES & SIZES



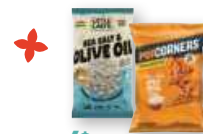
**2/\$8**  
Heinen's Trail Mix  
7-10 OZ.



**3/\$5**  
IQBar 1.6 OZ. or Luna Bars 1.69 OZ.



**2/\$8**  
Belvita 8.8-8.81 OZ. or Ritz Crackers 11.6-13.7 OZ.



**2/\$6**  
Popcorners 5 OZ. or Little Lad's Small Batch Popcorn 4.8-6 OZ.



**2/\$10**  
Charmin Essentials Bath Tissue 6 CT., Bounty Essentials Paper Towels 4 CT. or Puffs Facial Tissue 3 CT.



**2/\$6**  
Musselman's Apple Sauce 23-24 OZ. or Apple Sauce Cups 4-6 CT.



**2/\$7**  
Blue Diamond Almonds  
6 OZ.



**10 FOR \$10**  
Essentia Alkaline Water 20 OZ. or Heinen's Coconut Water 11.2 OZ.



**2/\$4**  
Just Ice Tea 16 OZ. or High Brew Cold Brew Coffee 8 OZ.

**BUY ONE GET ONE FREE**

Recover 180 Organic Hydration  
16.9 OZ.

## Health and WELLNESS



**2/\$5**  
Dose Wellness Shot  
2 OZ.

**40% OFF**

NOW or Nordic Naturals Vitamins, Supplements or Essential Oils  
ALL VARIETIES & SIZES



**PRODUCE**



**10 FOR \$10**

Jumbo Navel or Cara Cara Pink Navel Oranges



**2/\$6**

Driscoll's Strawberries 1 LB., Blackberries 6 OZ. or Raspberries 6 OZ.



**4/\$3**

Cilantro BUNCH



**4/\$3**

Large Lemons or Limes EACH

**\$3.99**

Whole White Mushrooms  
16 OZ.



**\$3.99**

Organic Girl Big Butter Lettuce  
EACH



**\$1.99 lb.**

Locally Grown Tomatoes on the Vine



**CARE certified**



**MEAT**



**\$2.99 lb.**

Heinen's Premium Whole Pork Shoulder Roast  
RAISED WITHOUT ANTIBIOTICS  
NO ADDED HORMONES  
PRODUCT OF USA



**SAVE \$1.00 lb.**

Heinen's Marinated Beef or Chicken Fajita Strips or Premium Beef Stir Fry Strips



**\$14.99 lb.**

Heinen's Premium Beef Flank Steak  
NO ADDED HORMONES  
SOURCE VERIFIED  
PRODUCT OF USA

**\$5.99**

Nathan's Franks  
ALL VARIETIES



**SAVE \$1.00**

SaddleBerk Sausage, Bacon or Pulled Pork  
12-16 OZ.

**SAVE \$5.00**

Pre Beef Ribeye Steak  
10 OZ.  
NO ADDED HORMONES  
100% GRASS FED



**\$15.99**

Heinen's Natural Extra Large Cooked Tail-On Shrimp  
16 OZ. BAG (26-30 CT.)



**SEAFOOD**

**SAVE \$5.00 lb.**

North Atlantic Cold Water Lobster Tails  
ASSORTED SIZES



**\$15.99 lb.**

Heinen's Brown Sugar Glazed or Garlic Butter Salmon  
READY-TO-BAKE



**COCKTAILS**

On The Rocks Passion Fruit Margarita  
375 ML.  
SAVE \$2.00

**\$9.99**

On The Rocks Classic Margarita  
750 ML.  
SAVE \$2.00

**\$17.99**



Prices effective Wednesday, April 29 - Tuesday, May 5, 2026

No rain checks allowed on fresh seafood, prepared foods or floral items. We reserve the right to limit quantities. None sold to vendors. Not responsible for typographical or photographic errors. Not all items available at all store locations. Regular retail prices and savings may vary. ©2026 All Rights Reserved. Heinen's, Inc.

visit [heinens.com](http://heinens.com) for store locations & hours  
1-216-475-2300



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# Tasteful Rewards

## Member Exclusive Specials

4.29.26 - 5.5.26



**Buy One,  
Get One Free**

**Save \$3.50 ea.**



**Nixie Organic  
Sparkling Water**  
8 ct.



**\$6.99**

**Save \$3**

**Spring Mini  
Arrangement**

**Food for  
Health**



**CLUB Fx**



**\$8.49**

**Save up to \$1.80**

**Plainville Organic  
Ground Turkey or  
Patties**

16 oz.



**25% Off**

**Save up to \$2.52**

**Food for Life  
Breads**

12-24 oz.



**\$5.99**

**Save \$2**

**Raddell's Smoked  
Sausage**

14 oz.



**Save \$2.50**

**Hero Bagels, Bread,  
Tortillas, or Buns**

All Sizes & Varieties



**\$8.99**

**Save \$2**

**Clam Shack  
Seafood Soups**

24 oz. Assorted Varieties



**Buy One,  
Get One Free**

**Save up to \$10**

**Dr. Bronner's  
Personal Care Items**

All Sizes & Varieties



**Buy One,  
Get One Free**

**Save \$1.90 ea.**

**Like Air Puffcorn**

4 oz.



**2 for \$7**

**Save \$1.49 ea.**

**Organic Baby  
Cucumbers**

**JOIN  
Tasteful  
Rewards  
TODAY**

*for these member-only savings*



# Celebrate **CINCO DE MAYO**

From flavorful tacos and delicious dips to bright, handcrafted margaritas and indulgent desserts, these recipes make it effortless to host with style.



**GET THE  
RECIPES**

# FLASH

# SALE

HEINEN'S FAN FAVORITE  
GUACAMOLE

SAVE \$2.00  
PER LB.

(SALE RETAIL: \$7.99 LB.)

PRICE VALID SATURDAY 5/2 - SUNDAY 5/3.  
DISCOUNT TAKEN AT REGISTER  
WHILE SUPPLIES LAST. NO RAINCHECKS.

